

Pressure on young people today: sample speaking activities

Sample activity 2

演讲：每个留学生都面对学业，生活和家庭等各方面的压力，特别是来到澳洲以后，你的压力是减轻了还是增加了，或者正面对不同的压力，向全班同学讲述你的减压方式。

Every overseas student faces different pressures from study, life and family. Through your stay in Australia you have experienced various pressures. Present a speech, as an overseas student, on how you have handled the pressures.